



# Pathways to progression through ASDAN courses

The Certificate of Personal Effectiveness (CoPE) is a nationally recognised qualification available at Levels 1 and 2 (and Level 3).

The CoPE student book contains a diverse curriculum, however it is also possible to deliver CoPE with a subject focus. 120 hours of completed challenges are required for CoPE at Levels 1 and 2; up to 60 hours can come from a combination of other ASDAN courses. This booklet shows how CoPE can be combined with ASDAN programmes to build different curriculum routes for learners aged 14–19.

## Vocational

ASDAN's Vocational Tasters and work-related Short Courses can count as 60 hours (6 credits) towards CoPE. The CoPE student book contains modules that can complement a vocational programme of study.

## Academic

The Accelerating Progress courses in English and mathematics can count as 60 hours (6 credits) towards CoPE. Challenges from the CoPE student book can support studies in English, mathematics, science and languages.

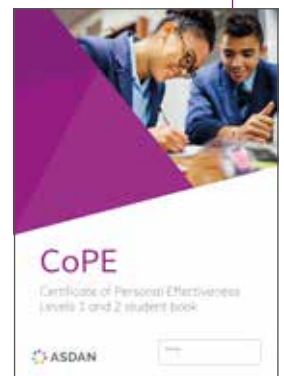
## Personal development

ASDAN's Personal Development Programmes are based on a broad curriculum with a focus on personal skills development. This can be continued into CoPE by choosing modules based around similar topics.

## Qualification structure and requirements

Learners compile a portfolio of evidence to demonstrate that they have met the requirements of all six CoPE units at the appropriate level:

- Working with others
- Improving own learning and performance
- Problem solving
- Research
- Discussion
- Oral presentation



## Modules

Learners gain credits for completed modules and sections in blocks of 10 hours.

Challenges are split across 13 modules: Communication; Citizenship and community; Sport and leisure; Independent living; The environment; Vocational preparation; Health and fitness; Work-related learning and enterprise; Science and technology; International links; Expressive arts; Beliefs and values; and Combined studies.


Three different pathways to achieving CoPE



# Vocational pathway to CoPE

ASDAN's Vocational Tasters provide an introduction to a particular vocational area. They support learners in working towards their personal career aims.


Each Vocational Taster contains a curriculum of challenges across a number of modules. Learners gain credits for completed modules and sections in blocks of 10 hours; certification is available for 10–60 hours of work, with one credit awarded for each 10 hours of activity.

Learn more 

[www.asdan.org.uk/vocational-tasters](http://www.asdan.org.uk/vocational-tasters)

ASDAN's work-related Short Courses can be used to accredit careers education, work experience and vocational learning in a wide range of settings, including traineeships.

Each Short Course contains a curriculum of challenges across a number of modules. Learners gain credits for completed modules and sections in blocks of 10 hours; certification is available for 10–60 hours of work, with one credit awarded for each 10 hours of activity.

Learn more 

[www.asdan.org.uk/short-courses](http://www.asdan.org.uk/short-courses)

## 6 credits (60 hours) from a Vocational Taster

Choose from:

- Computing
- Construction
- Hair and Beauty
- Hospitality
- Land-based Sector
- Manufacturing
- Uniformed Services



## 6 credits (60 hours) from a Short Course

Choose from:

- Careers and Experiencing Work
- Enterprise
- Leadership
- Volunteering (and Volunteering as an Adult)

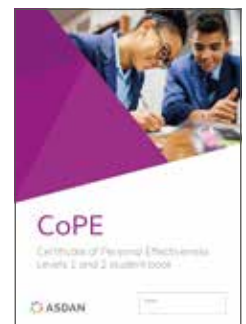


OR

## + 6 credits (60 hours) from the CoPE Levels 1 and 2 student book

Suggested modules with a vocational theme:

- Module 1: Communication
- Module 6: Vocational preparation
- Module 8: Work-related learning and enterprise



+ all six CoPE skills units


= CoPE qualification at Level 1 or 2

# Academic pathway to CoPE

ASDAN's Accelerating Progress courses support young people in building the essential English and mathematics skills that lead to grade 4 at GCSE.

Written by experienced practising specialists, the Accelerating Progress courses consist of a series of challenges supported by high-quality resources.


Learners gain credits for completed modules and sections in blocks of 10 hours; certification is available for 10–100 hours of work, with one credit awarded for each 10 hours of activity.

Learn more 

[www.asdan.org.uk/accelerating-progress](http://www.asdan.org.uk/accelerating-progress)

ASDAN's Short Courses in core subjects support the delivery of the curriculum, boosting learners' academic attainment. These courses can be used to introduce core subjects to younger students.

Each Short Course contains a curriculum of challenges across a number of modules. Learners gain credits for completed modules and sections in blocks of 10 hours; certification is available for 10–60 hours of work, with one credit awarded for each 10 hours of activity.

Learn more 

[www.asdan.org.uk/short-courses](http://www.asdan.org.uk/short-courses)

## 6 credits (60 hours) from an Accelerating Progress course

Choose from:

- English
- Mathematics



## 6 credits (60 hours) from a Short Course

Choose from:

- English
- Geography
- History
- Languages
- Mathematics
- Science

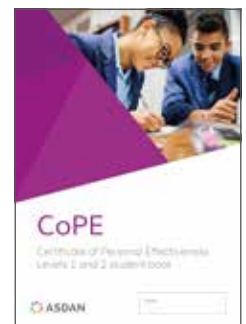


OR

## + 6 credits (60 hours) from the CoPE Levels 1 and 2 student book

Suggested modules with an academic theme:

- Module 1: Communication (English)
- Module 9: Science and technology
- Module 9: International links (languages)
- Module 13: Combined studies (focus on a subject of your choice)



+ all six CoPE skills units

= CoPE qualification at Level 1 or 2

# Personal development pathway to CoPE

ASDAN's Personal Development Programmes offer ways of developing, recording and certificating learners' personal skills, qualities and achievements.

Learners gain credits for completed modules and sections in blocks of 10 hours. Certification is available for 10–50 hours (Bronze Credits), 60 hours (Bronze), 120 hours (Silver) or 180 hours (Gold).

Learn more [www.asdan.org.uk/personal-development-programmes](http://www.asdan.org.uk/personal-development-programmes)

ASDAN's personal and social development Short Courses can be used to introduce different aspects of PSHE and citizenship.

Each Short Course contains a curriculum of challenges across a number of modules. Learners gain credits for completed modules and sections in blocks of 10 hours; certification is available for 10–60 hours of work, with one credit awarded for each 10 hours of activity.

Learn more [www.asdan.org.uk/short-courses](http://www.asdan.org.uk/short-courses)

## 6 credits (60 hours) from a Personal Development Programme

**Modules:** Communication; The community; Sport and leisure; Home management; The environment; Number handling; Health and survival; World of work; Science and technology; The wider world; Expressive arts; Beliefs and values



## 6 credits (60 hours) from a Short Course

Choose from:

- Beliefs and Values
- Citizenship
- Peer Mentoring
- Personal Finance
- PSHE
- Sex and Relationships Education

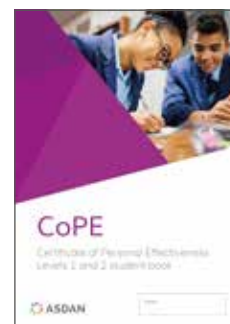


OR

## + 6 credits (60 hours) from the CoPE Levels 1 and 2 student book

Suggested modules with a personal development theme:

- Module 1: Communication
- Module 4: Independent living
- Module 7: Health and fitness
- Module 12: Beliefs and values



+ all six CoPE skills units

= CoPE qualification at Level 1 or 2