

Notional learning hours	10
Level	Entry 3
Subject area	Design and technology
Preparing for Adulthood pathway	Good health; Independent living and housing
Vocational area	Health and social care
Skill	Literacy; Problem solving
Learning aim	The learner will be able to design, plan, prepare and evaluate their own healthy smoothie.
Learning context	Group and/or 1-1 discussions, researching skills, mathematical skills, practical activities, observation of health and safety practices and 200 word evaluation summary report.

Learning outcomes	Assessment criteria
<p>What the learner needs to know, understand or be able to do.</p> <p>The learner will:</p>	<p>What the learner needs to demonstrate in order to meet the learning outcome.</p> <p>The learner can:</p>
<p>1 Be able to state the health benefits of ingredients used to create a smoothie.</p>	<ul style="list-style-type: none"> • Identify two healthy smoothie recipes they would like to make • List the ingredients required for each smoothie recipe • State at least two health benefits for each of the ingredients
<p>2 Be able to calculate the cost of ingredients for the recipe.</p>	<ul style="list-style-type: none"> • Choose one smoothie recipe to prepare • State the method required for making the recipe • Calculate the cost of ingredients for the recipe

Learning outcomes What the learner needs to know, understand or be able to do. The learner will:	Assessment criteria What the learner needs to demonstrate in order to meet the learning outcome. The learner can:
3 Be able to identify health and safety practices when making a smoothie.	<ul style="list-style-type: none"> • Explain at least three health and safety practices which need to be carried out when making a smoothie
4 Be able to safely prepare the chosen smoothie.	<ul style="list-style-type: none"> • Prepare the chosen smoothie using the chosen method • Demonstrate safe practice when making the smoothie • Tidy up afterwards and clean the work area
5 Be able to produce an evaluation summary of the healthy smoothie project.	<ul style="list-style-type: none"> • Identify at least two things that went well and state why • Identify two areas where their skills can be developed and state why • State whether they would recommend the smoothie to other people and if not, why not • Produce an evaluation summary in a chosen format

Assessment methodology	Linked to learning outcomes
Record of oral questioning	3
Observation checklist	4
Labelled product, video or photographic evidence	1 2 5