

Transforming life chances through learning

ASDAN course directory 2018–2019



Welcome

ASDAN is an education charity and awarding organisation.

We provide flexible and engaging programmes and qualifications that help young people develop knowledge and skills for learning, work and life.

Introduction

I am delighted to welcome you to ASDAN's 2018–19 course directory and to take the opportunity to update you on some of our future plans.

There have been significant changes in the education landscape in recent years and the barriers to learning faced by children, young people and educators are more complex than ever. We know from your feedback that there are things we can do to adapt our offer in order to help you support current and future generations of learners, finding solutions that can deliver real results.

Over the last year we have refreshed our vision and values. Honouring ASDAN's heritage, while focusing on the future, we have reconfirmed our goal to foster learners' personal, social and work-related abilities in order to:

- strengthen their academic and vocational achievement
- engage and motivate young people
- prepare them to access knowledge and skills at work

- equip learners to live well and make good use of their abilities

We are embarking on a series of updates to our courses and are keen to work with you as we develop and pilot new programmes and qualifications.

One of our first priorities has been to review our provision for learners with special educational needs and disabilities (SEND). Thank you to all of the centres who responded to our survey, and to those who offered case studies and visits. We have learned much from you, and will be acting on the independent review's recommendations to ensure our SEND courses continue to meet the individual needs of learners.

Like you, we are concerned about the growing anxieties about young people's mental health and the pressures of high stakes exams, and are working hard to ensure that our courses – original and new – are focused on helping young people fully engage in and enjoy their learning.

We hope this course directory will inspire you as you prepare to meet your learners' needs over the coming year. We look forward to working with you.



Jenny Williams

Chief Executive,
ASDAN

What we do

ASDAN is an education charity and awarding organisation whose curriculum programmes and qualifications transform life chances through learning.

We provide courses to thousands of UK and international schools, colleges, youth centres and training providers. Our programmes and qualifications offer flexible ways of developing and accrediting personal, social and work-related abilities.

Tackling barriers to education

Our starting point is to recognise that children and young people can face a range of barriers to learning, including:

- special educational needs
- financial disadvantage
- low aspiration or limited opportunities for social mobility
- being, or having been, in care
- having caring responsibilities
- English being an additional language
- lack of confidence, self-esteem or motivation for learning

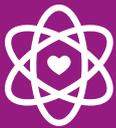
Our courses are designed to address these barriers by:

- building belief – our courses support children, young people and educators to develop the confidence, self-esteem and resilience to enjoy and (sometimes) endure learning and to believe in themselves and the value of their learning

- engaging and motivating – we are dedicated to active, relevant and accessible learning; to developing curious, alert and daring learners
- promoting progress and achievement – we motivate and engage learners through making their progress visible and celebrating genuine achievements, early and often
- inspiring creativity – we want children, young people and educators to be creative in their learning lives and ambitious for the roles they play at home, at work, and in their communities
- releasing potential – at our best, we equip children, young people and educators to make full use of their talents and abilities as a force for good in the world

Our vision and values

Our vision is to transform life chances through learning by enabling young people to discover, develop and make full use of their abilities. We do this by working with partner educators to foster the personal, social and work-related abilities of learners.



ASDAN is ethical

We are proud to be a charitable organisation – we approach our work with integrity and aim to do the right things in the right ways for the right reasons • We have ambitious plans for growth, but will only grow at a pace that guarantees our quality • We strive to make effective use of technology in socially responsible ways



ASDAN is diverse

We seek to achieve diversity in our outlook, our people and our courses • We are committed to ensuring equality of access and opportunity for learners, educators, our staff and trustees



ASDAN is real

We work closely with educators, learners, employers and community organisations to keep our courses real and relevant • We understand the challenges of teaching and the courage it requires, and support educators in practical ways



ASDAN is collaborative

We work with all those who share our vision to help learners make full use of their abilities • We aim to be good partners – locally, nationally and internationally



ASDAN is innovative

We are future-focused – committed to helping children and young people prepare for their adult lives • We have a restless curiosity about effective pedagogy and assessment

Secondary schools



ASDAN's flexible and engaging programmes and qualifications range from helping learners make a successful start at secondary education, to developing essential skills and boosting academic performance.

Primary to secondary transition

The Lift Off programme helps learners develop the skills, confidence and resilience to make a successful transition to secondary school.

"The personalised learning element of the Certificate of Personal Effectiveness is very important to students... The choice they have about their learning engages and motivates them."

*Alison McCulloch,
Assistant Principal,
Hockerill Anglo-European College,
Hertfordshire*

Boosting GCSE attainment

ASDAN's Accelerating Progress programmes in English and mathematics have been designed to support GCSE attainment, with a special focus on helping learners secure a grade 4 or grade 5.

Short Courses

ASDAN has more than 30 Short Courses that provide flexible and engaging ways of helping pupils develop knowledge, skills and positive attributes. Courses used in secondary schools include PSHE, Sex and Relationships Education and Citizenship. Beliefs and Values supports religious education.

i Courses for...

See pages 16–29 for information on courses suitable for use in secondary schools.

SEND provision

ASDAN provides programmes and qualifications for young people with special educational needs and disabilities (SEND). Our courses have been developed for learners with a wide range of learning needs and abilities.

Preparing for Adulthood

The Preparing for Adulthood programmes (New Horizons, Transition Challenge, Towards Independence and Workright) are curriculum resources that provide a real-life context to promote the development of personal, social, independent living and work-related skills.

Lifeskills Challenge

Lifeskills Challenge enables centres to meet individual needs by providing a personalised curriculum for young people with SEND. Topics include employability; independent living; out in the community; PSHE; and sport and fitness.

Qualifications

ASDAN qualifications support learners' aspirations from being able to live as independently as possible through to developing the skills to gain employment. Qualifications include Employability, Personal Progress, Personal and Social Development, and the Certificate of Personal Effectiveness.



"ASDAN courses have made accreditation accessible to all, which means that learners, parents and teachers have a tangible way to recognise young people's achievements."

Feedback from the 2018 ASDAN customer survey

i Courses for...

See pages 16–29 for information on courses suitable for use in SEND provision.

Post-16



Our courses support learners as they transition to post-16 study, as well as helping young people develop the skills needed to progress on to higher education, training and work.

Transition to post-16 study

Accelerating Progress programmes in English and mathematics have been designed to help learners secure a grade 4 or grade 5 in their GCSE retakes.

In addition, ASDAN's Vocational Taster Short Courses give learners an insight into various sectors.

"The ASDAN qualifications we use in an FE college give students a recognised qualification that is relevant to them. They develop employability skills at a level to suit each individual."

Feedback from the 2018 ASDAN customer survey

Qualifications and UCAS points

Our Level 2 Employability qualification helps students develop new skills by covering units including teamwork, overcoming barriers to work, career exploration and enterprise.

The following Level 3 qualifications carry UCAS points: Certificate of Personal Effectiveness (16 points); and the Award of Personal Effectiveness (eight points).

ASDAN's new Level 3 Extended Project Qualification is currently being piloted ahead of the launch in 2019. It aims to develop and accredit the knowledge and skills gained through a work experience project.

i Courses for...

See pages 16–29 for information on courses suitable for use at post-16.

Community and informal

ASDAN's courses structure participation and activities in community and informal settings, developing young people's personal effectiveness and preparing them to achieve in education, training and the workplace. Our courses have a proven track record in developing character traits in young people, including resilience, self-regulation and emotional and social skills.

Accrediting skills development

Our flexible Short Courses include FoodWise, which gives learners the opportunity to develop and accredit their practical cooking skills. The Activities and Peer Tutoring Short Courses can accredit activities taking place in youth projects, while the Sports and Fitness Short Course includes challenges relating to health, fitness and nutrition.

Transition to living independently

The Living Independently Short Course helps looked-after children make a successful transition from school education to adulthood. Topics covered include earning and spending money; finding housing; health and wellbeing; and cooking on a budget.



Qualifications

Our Personal and Social Development qualifications develop the confidence of learners, helping them become physically, emotionally and socially healthy.

"Learners enjoy the independence of choosing their own challenges. Certification gives them a valuable access route into college and work."

Feedback from the 2018 ASDAN customer survey

i Courses for...

See pages 16–29 for information on courses suitable for community and informal.

Join ASDAN

Personal approach

Our high standard of customer service is based on a personal approach. Dedicated teams are available to answer questions from 8.30am to 5pm Monday to Friday. Programme advisers are also on hand to offer guidance on the right course for your learners.

ASDAN registered centres have access to the members area of the ASDAN website, which contains extensive course support.

Training and practitioner support

Training workshops take place at venues across the UK and Ireland. Bespoke INSET training can also be arranged.

Support for delivering ASDAN courses is available at regional meetings and one-to-one sessions.

Unrivalled network

By registering with ASDAN, you will have access to a strong network of education professionals committed to fostering the personal, social and work-related abilities of learners.

theOrb

theOrb (www.theorb.org.uk) is ASDAN's Online Resource Bank, containing hundreds of teaching and learning resources with a focus on skills development. These include worksheets, creative lesson starters and engaging PowerPoints.

Full access to theOrb is included in the ASDAN centre registration fee.

"Each time I have had a query, someone has always been available by phone, live chat or email. I would recommend ASDAN as an awarding body to anyone in the education profession."

Feedback from the 2018 ASDAN customer survey

Your local team

ASDAN's experienced regional team provides advice on our courses, along with information on workshops, support meetings, course moderation meetings and networking opportunities.



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Centre registration

There are different levels of centre registration, depending on which ASDAN courses you intend to deliver.

Qualifications centre registration

One year: £395 +VAT | Two years: £694 +VAT

Allows centres to deliver: Award of Personal Effectiveness, Certificate of Personal Effectiveness, Employability, Personal Progress, Personal and Social Development.

Plus: Personal Development Programmes, Preparing for Adulthood programmes, Lifeskills Challenge, Short Courses, Accelerating Progress, Key Steps, Stepping Stones. Full access to theOrb.

Programmes centre registration

One year: £364 +VAT | Two years: £625 +VAT

Allows centres to deliver: Personal Development Programmes, Preparing for Adulthood programmes, Lifeskills Challenge.

Plus: Short Courses, Accelerating Progress, Key Steps, Stepping Stones. Full access to theOrb.

Short Courses centre registration

One year: £182 +VAT | Two years: £314 +VAT

Allows centres to deliver: Short Courses, Accelerating Progress, Key Steps, Stepping Stones.

Plus: full access to theOrb.

No centre registration

Courses that do not require centre registration are: Employability Skills Development, Focus, Function Junction, Lift Off, Raising Aspirations, Workskills Online.

£ Registration costs

All prices valid until 31 August 2019.

Sign up online  www.asdan.org.uk/join

Customised Accreditation

Customised Accreditation is the process by which ASDAN accredits a programme that is already being offered or has been written by another organisation.

Those currently benefitting from Customised Accreditation include:

- The Premier League Charitable Fund
- Platanos College, London
- Holocaust Educational Trust
- CHICKS, a national charity providing free respite breaks to children aged 8–15
- Addaction, which supports people with mental health issues and drug and alcohol problems

We offer a bespoke arrangement to provide credit-rated certificates to reward learners' achievements.

Customised Accreditation provides:

- added value to existing programmes, courses or initiatives, through the awarding of a certificate endorsed by ASDAN
- curriculum recognition by a national awarding body
- an extra incentive for learners to engage with your programmes

Who is this for?

Customised Accreditation is ideal for:

- charities and voluntary organisations that want to encourage participation in projects
- schools seeking a certificated outcome for existing curriculum activities
- businesses or employers that would like to add value to their programme

Structure

Customised programmes are worth up to three ASDAN credits, which learners can put towards ASDAN's Personal Development Programmes (Bronze, Silver, Gold) or the Certificate of Personal Effectiveness.

Additional benefits

Organisations that register for Customised Accreditation are also entitled to:

- use ASDAN Customised Accreditation branding
- a listing and link on the ASDAN website
- Customised ASDAN certificates
- access additional ASDAN services, such as design, printing and programme planning support



Learn more www.asdan.org.uk/customised-accreditation

Courses

ASDAN courses develop and accredit skills for learning, work and life.

The following pages provide information about ASDAN courses in alphabetical order.

Course types

ASDAN courses fall into two categories – programmes and qualifications. The icons below indicate the different course types.

Programmes

P Programmes are structured, light-touch courses that promote active learning and progression and recognise the achievements of learners aged 7–19+.

ASDAN offers a choice of programmes that have been designed for learners of all abilities, including those with special educational needs and disabilities.

Our SEND programmes are undertaken by those with a wide range of learning needs in pre- and post-16 education.

Qualifications

Q ASDAN provides qualifications from Entry level 1 to Level 3.

These qualifications are approved by the regulators for England (Ofqual), Wales (Qualifications Wales) and Northern Ireland (CCEA). The Scottish

Qualifications Authority (SQA) also recognises the value of ASDAN qualifications.

ASDAN qualifications are approved within the Regulated Qualifications Framework (RQF); some ASDAN qualifications are listed in the Scottish Credit and Qualifications Framework (SCQF).

Each qualification listed contains the total qualification time (TQT). This relates to the total number of hours required to complete the qualification.

E-learning option

 A number of ASDAN courses are available to complete online through our e-learning platforms.

No registration required

 These courses are available to purchase directly from ASDAN, without requiring centre registration.

Further information

Detailed information about ASDAN courses can be found on our website.

See more information 
www.asdan.org.uk

"ASDAN has given learners the opportunity to have success in life. It has allowed students to take control of their own learning, developing academic skills, organisational skills, life skills and independence."

Feedback from the 2018 ASDAN customer survey

£ Course costs

All prices valid until 31 August 2019. Please note that P&P charges for materials will apply.

Accelerating Progress

SECONDARY SCHOOLS | POST-16

Accelerating Progress courses have been designed to boost performance in GCSE English and mathematics with the aim of helping learners gain a grade 4 or 5 in the new GCSEs in England.

The courses have been written by skilled practitioners who are experienced in helping learners pass GCSEs. They provide a fresh approach to GCSEs in order to re-engage and motivate learners.

 Hours required	10–100, depending on the course
 Cost per learner	Learner login: £8.50 Certification: £2.15 (free PDF certificate available)
 Moderation	Internal

Learn more  www.asdan.org.uk/accelerating-progress

Accelerating Progress titles:

- English
- Mathematics
- Science (coming in 2019)



Award of Personal Effectiveness

SECONDARY SCHOOLS | POST-16

The Award of Personal Effectiveness (AoPE) is a nationally recognised qualification, available at Levels 1, 2 and 3.

AoPE units can be used to accredit the skills learners develop inside and outside of school. A choice of assessment units is available and assessment is based on a portfolio of evidence. AoPE is a shorter version of the Certificate of Personal Effectiveness.

 TQT	80
 Cost per learner	Levels 1 and 2: £27.95 Level 3: £32.25
 Moderation	External, by post

Learn more  www.asdan.org.uk/aope

Qualification codes

Level 1	500/5748/0
Level 2	500/9553/5
Level 3	600/2711/3 8 UCAS points



Certificate of Personal Effectiveness

SECONDARY SCHOOLS | POST-16

The Certificate of Personal Effectiveness (CoPE) is a nationally recognised qualification, available at Levels 1, 2 and 3.

CoPE demonstrates capability in six skills: teamwork, independent learning, problem solving, research, discussion and oral presentation. It involves engaging challenges across a choice of 12 modules including communication; independent living; and science and technology.

 TQT	Levels 1 and 2: 120, Level 3: 150
 Cost per learner	Levels 1 and 2: £27.95 Level 3: £32.25
 Moderation	External, by post

Learn more  www.asdan.org.uk/cope

Qualification codes

Level 1	100/3558/8
Level 2	100/3559/X
Level 3	100/3560/6 16 UCAS points



Employability

SECONDARY SCHOOLS | SEND PROVISION | POST-16 | COMMUNITY AND INFORMAL

The Employability qualifications provide a framework for developing and recognising general employability skills at Entry 2 to Level 2.

The qualifications were written to reflect employers' requirements for better essential skills across all occupational sectors. A choice of units is available, including teamwork, overcoming barriers to work and career exploration.

 TQT	Award: 60, Certificate: 150
 Cost per learner	Award or Certificate: £27.95 Single unit: £14.50
 Moderation	External, by post

Learn more  www.asdan.org.uk/employability

Qualification codes

Entry 2 Award	600/7772/4
Entry 2 Certificate	600/8014/0
Entry 3 Award	600/8012/7
Entry 3 Certificate	600/8015/2
Level 1 Award	600/8016/4
Level 1 Certificate	600/8005/X
Level 2 Award	600/8060/7
Level 2 Certificate	600/8061/9



Employability Skills Development

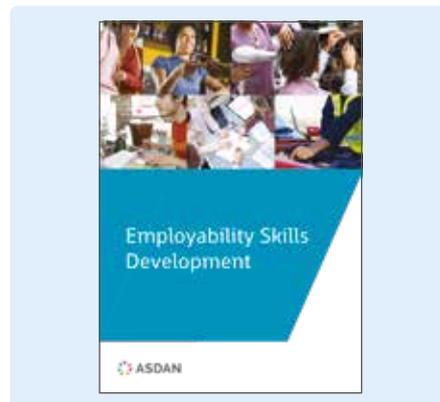
SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

The Employability Skills Development course takes an activity-based approach to raising learners' awareness of the working environment.

This course provides activities to address the gap between subject-focused schooling and working life. It can support learners in preparation for traineeships, apprenticeships or getting a job. Tutors award certificates at their discretion to recognise learners' work.

£ Cost per learner	Student book: £7.25 Certificates: £8.95 +VAT (pack of 20)
📁 Moderation	Internal

Learn more www.asdan.org.uk/employability-skills-development



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Focus

SEND PROVISION | POST-16

Focus comprises 12 modules designed for learners aged 14+ with SEND, specifically those being educated in a domestic setting.

Modules can be undertaken separately and built into a profile of achievement. For each module, learners complete activities and gather evidence to demonstrate their progress and skills development in areas including communication, numeracy and independent living.

£ Cost per learner	Module books: £7.25 per module Certificates: £4.50 +VAT (pack of 5) £8.95 +VAT (pack of 20)
📁 Moderation	Internal

Learn more www.asdan.org.uk/focus



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Function Junction

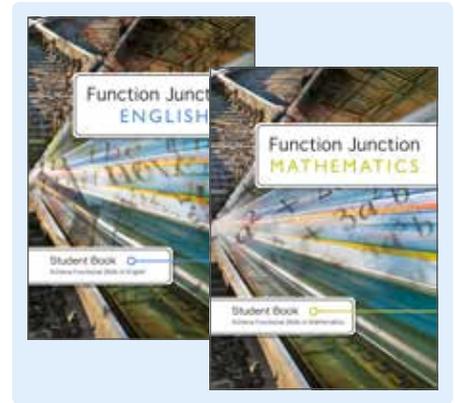
SECONDARY SCHOOLS | POST-16

The Function Junction resources help learners prepare for functional skills assessments in English and mathematics.

The student books contain activities relevant to everyday learning and help students build functional skills and practise problem solving. They include sample questions from past functional skills assessments. Tutors can award certificates at their discretion to recognise learners' work.

£ Cost per learner	Student books: £7.25 Certificates: £8.95 +VAT (pack of 20)
📁 Moderation	Internal

Learn more www.asdan.org.uk/function-junction



Key Steps

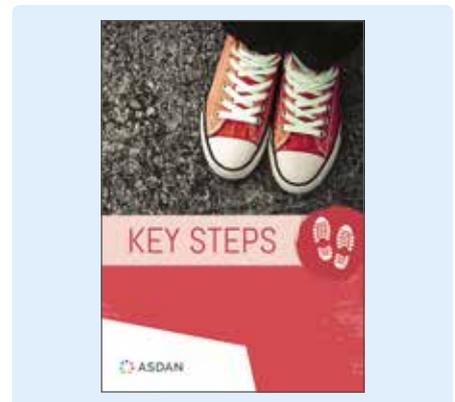
SECONDARY SCHOOLS

Key Steps is a comprehensive programme of activities for learners aged 10–14, covering citizenship, PSHE, environment education, personal finance education and enterprise.

Key Steps can be delivered over any period of time up to a maximum of three years. The challenges encourage learners to develop their personal skills and take responsibility for their own learning.

🕒 Hours required	30, 60 or 90
£ Cost per learner	Student book or online login: £5.35 Certification: £2.15 (free PDF certificate available)
📁 Moderation	Internal

Learn more www.asdan.org.uk/key-steps



Lifeskills Challenge

SECONDARY SCHOOLS | SEND PROVISION | POST-16

Lifeskills Challenge, an online bank of challenges, enables centres to meet individual learner needs by providing a personalised curriculum for young people with SEND. Challenges range from pre-Entry to Level 2 with topics including employability; independent living; out in the community; PSHE; and sport and fitness.

Tutors choose from existing challenges or write and submit their own challenges for approval.



£ Cost per learner	One-year registration: £17.30 One-year extension: £10.00
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Moderation	Internal
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Learn more www.asdan.org.uk/lifeskills-challenge



Lift Off

SECONDARY SCHOOLS

Lift Off is an activity-based programme that develops personal skills and qualities and builds self-esteem to help learners make a successful transition from primary to secondary school.

Lift Off consists of activities designed to help learners develop 18 key characteristics that will aid their progression. Tutors award certificates at their discretion to recognise learners' work. There are two student books available: one for Years 6–7 and one for Year 7 only.



£ Cost per learner	Student books: £3.65 +VAT (bulk discounts available) Certificates: £13.45 +VAT (pack of 30)
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Moderation	Internal
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Learn more www.asdan.org.uk/lift-off



New Horizons

SEND PROVISION

New Horizons is an activity-based curriculum for those aged 9–13 with SEND. Learners cover areas including PSHE, citizenship and transition from primary to secondary school.

Tutors can choose between various levels of support to show how the learner has achieved the activities and made progress. Certification is available for full completion (Gold) as well as for completion of one or more modules (Silver).

£ Cost per learner	Student book: £8.35 Gold certification: £5.00 Silver certification: £5.00
📁 Moderation	External, by post or at meetings

Learn more www.asdan.org.uk/new-horizons



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Personal Development Programmes

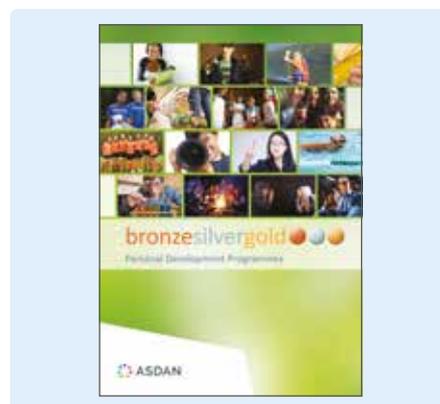
SECONDARY SCHOOLS | SEND PROVISION | POST-16 | COMMUNITY AND INFORMAL

The Bronze, Silver and Gold Personal Development Programmes offer imaginative ways of developing and recording the personal skills, qualities and achievements of learners aged 14–16+.

Learners select challenges from a choice of 12 modules including Beliefs and values; Number handling; and World of work. Skills developed include teamwork, coping with problems and communication.

🕒 Hours required	Bronze credits: 10–50, Bronze: 60, Silver: 120, Gold: 180
£ Cost per learner	Student book: £7.25 Certification: £5.00
📁 Moderation	Bronze credits: internal Bronze, Silver, Gold: external, by post or at meetings

www.asdan.org.uk/personal-development-programmes



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Personal Progress

SEND PROVISION | POST-16

The Personal Progress qualifications have been developed for learners working at Entry 1 and below.

A choice of units is available, covering the following topics: literacy, numeracy and ICT; independent living skills; personal development; community participation; and preparation for work. An achievement continuum is used to reflect learner progress.

 TQT	Award: 80, Certificate: 140, Diploma: 370
 Cost per learner	Award or Certificate: £27.95 Diploma: £73.40 Single unit: £14.50
 Moderation	External, by post

Learn more  www.asdan.org.uk/personal-progress

Qualification codes

Entry 1 Award	500/6357/1
Entry 1 Certificate	500/6354/6
Entry 1 Diploma	500/6543/9



Personal and Social Development

SECONDARY SCHOOLS | SEND PROVISION | POST-16 | COMMUNITY AND INFORMAL

The Personal and Social Development qualifications (PSD) are available at Entry 1 to Level 2.

These qualifications help young people become confident individuals who are physically, emotionally and socially healthy. A choice of units is available, covering topics that encourage learners to become responsible citizens who make a positive contribution to society.

 TQT	Entry 1, 2 and 3: Award: 60, Certificate: 130 Level 1 and 2: Award: 80, Certificate: 130
 Cost per learner	Award or Certificate: £27.95 Single unit: £14.50
 Moderation	External, by post

Learn more  www.asdan.org.uk/psd

Qualification codes

Entry 1 Award	500/6881/7
Entry 1 Certificate	500/7297/3
Entry 2 Award	500/5558/6
Entry 2 Certificate	500/5459/4
Entry 3 Award	500/5557/4
Entry 3 Certificate	500/5326/7
Level 1 Award	500/5560/4
Level 1 Certificate	500/5559/8
Level 2 Award	500/3606/3
Level 2 Certificate	500/3515/0



Raising Aspirations

SEND PROVISION

Raising Aspirations is designed for those aged 13 and under with SEND. It contains modules that prepare young people for adulthood: Awareness of the working world; Being independent; Engaging with my community; and Looking after myself.

The modules can be undertaken individually or built into a profile of achievement. Raising Aspirations can be delivered in a wide range of settings including home education.

£ Cost per learner	Module books: £7.25 per module Certificates: £4.50 +VAT (pack of 5) £8.95 +VAT (pack of 20)
📁 Moderation	Internal



Learn more www.asdan.org.uk/raising-aspirations



Short Courses: core subjects

SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

Short Courses in core subjects support the delivery of the curriculum, boosting learners' academic attainment. These courses can be used to introduce core subjects to younger students.

Short Courses accredit 10–60 hours of activity, are multi-level and can be tailored to meet the needs of each learner aged 13 and over. Students develop skills including learning, teamwork and problem solving.

🕒 Hours required	10, 20, 30, 40, 50 or 60
£ Cost per learner	Student book or online login: £8.50 Certification: £2.15 (free PDF certificate available)
📁 Moderation	Internal

Short Course titles

- English
- Geography
- History
- Languages
- Mathematics
- Science

Learn more www.asdan.org.uk/short-courses



Short Courses: informal

SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

These Short Courses cover a range of topics and are particularly well-suited for use in community and informal settings. They can also be used in schools and colleges to structure enrichment provision.

Short Courses accredit 10–60 hours of activity, are multi-level and can be tailored to meet the needs of each learner aged 13 and over. Students develop skills including learning, teamwork and problem solving.

 Hours required	10, 20, 30, 40, 50 or 60
 Cost per learner	Student book or online login: £8.50 Certification: £2.15 (free PDF certificate available)
 Moderation	Internal

Learn more  www.asdan.org.uk/short-courses

Short Course titles

- Animal Care
- Environmental
- Expressive Arts
- FoodWise
- Gardening
- Living Independently
- RoadWise

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Short Courses: personal and social development

SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

These Short Courses can be used to introduce different aspects of PSHE and citizenship. They can structure provision across these areas in schools, or address specific issues with targeted groups.

Short Courses accredit 10–60 hours of activity, are multi-level and can be tailored to meet the needs of each learner aged 13 and over. Students develop skills including learning, teamwork and problem solving.

 Hours required	10, 20, 30, 40, 50 or 60
 Cost per learner	Student book or online login: £8.50 Certification: £2.15 (free PDF certificate available)
 Moderation	Internal

Learn more  www.asdan.org.uk/short-courses

Short Course titles

- Beliefs and Values
- Citizenship
- Peer Mentoring
- Personal Finance
- PSHE
- RSA Opening Minds
- Sex and Relationships Education

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Short Courses: sport and activities

SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

These Short Courses can be used to accredit learners' involvement in a wide range of sporting and leisure activities. They can help structure participation in formal and informal settings.

Short Courses accredit 10–60 hours of activity, are multi-level and can be tailored to meet the needs of each learner aged 13 and over. Students develop skills including learning, teamwork and problem solving.

 Hours required	10, 20, 30, 40, 50 or 60
 Cost per learner	Student book or online login: £8.50 Certification: £2.15 (free PDF certificate available)
 Moderation	Internal

Learn more  www.asdan.org.uk/short-courses

Short Course titles

- Activities and Peer Tutoring
- Adventure and Residential
- Disability and Sports Awareness
- Football
- Sports and Fitness

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Short Courses: Vocational Tasters

SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

These specialised Short Courses each focus on a different employment sector and provide an introduction to a particular vocational area. They support learners in working towards their personal career aims.

Short Courses accredit 10–60 hours of activity, are multi-level and can be tailored to meet the needs of each learner aged 13 and over. Students develop skills including learning, teamwork and problem solving.

 Hours required	10, 20, 30, 40, 50 or 60
 Cost per learner	Student book or online login: £8.50 Certification: £2.15 (free PDF certificate available)
 Moderation	Internal

Learn more  www.asdan.org.uk/short-courses

Vocational Taster Short Course titles

- Computing
- Construction
- Hair and Beauty
- Hospitality
- Land-based Sector
- Manufacturing
- Uniformed Services

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Short Courses: work-related

SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

These Short Courses can be used to accredit careers education, work experience and vocational learning in a wide range of settings, including traineeships.

Short Courses accredit 10–60 hours of activity, are multi-level and can be tailored to meet the needs of each learner aged 13 and over. Students develop skills including learning, teamwork and problem solving.

🕒 Hours required	10, 20, 30, 40, 50 or 60
£ Cost per learner	Student book or online login: £8.50 Certification: £2.15 (free PDF certificate available)
📁 Moderation	Internal

Learn more www.asdan.org.uk/short-courses

Short Course titles

- Careers and Experiencing Work
- Enterprise
- Leadership
- Volunteering (and Volunteering as an Adult)

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Stepping Stones

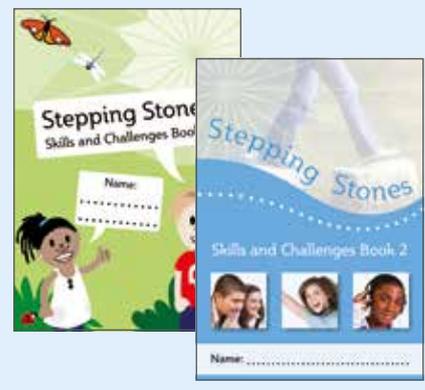
SECONDARY SCHOOLS

Stepping Stones is a PSHE and citizenship programme for learners aged 7–12. It is linked to the PSHE and citizenship curriculum; social and emotional aspects of learning; and enrichment.

Stepping Stones can be run in primary schools, as part of transition programmes and in secondary schools. Children develop their skills through a series of challenges within 12 topic areas.

🕒 Hours required	20–30
£ Cost per learner	Skills Book 1 (ages 7–9): £2.30 Skills Book 2 (ages 9–12): £2.90 (includes certification)
📁 Moderation	Internal

Learn more www.asdan.org.uk/stepping-stones



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Towards Independence

SEND PROVISION | POST-16

Towards Independence provides an activity-based curriculum to support learners aged 14 and over with SEND. It comprises modules to develop learners' personal, social, independent living and work-related skills.

Tutors can choose between various levels of support to show how the learner has achieved the activities and made progress. There are more than 70 modules to choose from.

£ Cost per learner	Starting Out book: £4.85 (mandatory) Additional module books: £4.65 Certification: £5.00
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Moderation	External, by post or at meetings
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Learn more www.asdan.org.uk/towards-independence

Transition Challenge

SEND PROVISION | POST-16

Transition Challenge provides an activity-based curriculum to support learners aged 14–16 with SEND. The Sensory programme recognises small steps of achievement for those with significant learning difficulties.

Tutors can choose between various levels of support to show how the learner has achieved the activities and made progress. Certification is available for full completion (Gold) as well as for completion of one or more modules (Silver).

£ Cost per learner	Student book: Sensory: £7.25 Intro & Prog: £10.00 Gold certification: £5.00 Silver certification: £5.00
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Moderation	External, by post or at meetings
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Learn more www.asdan.org.uk/transition-challenge

Universities Award

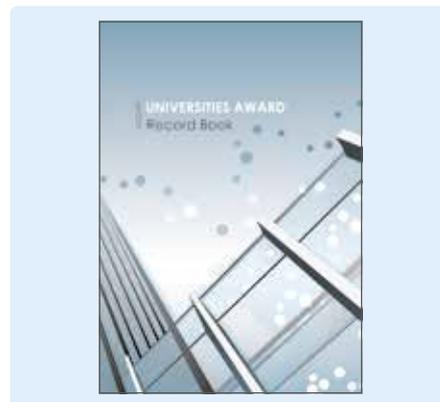
POST-16

The Universities Award accredits a range of post-16 enrichment and career development activities using a reflective learning approach.

It can enhance the career paths and UCAS applications of post-16 students of all abilities, supporting progression to higher education or employment. Universities Award modules include Active citizenship, Work-related activities, Career planning and Global awareness.

🕒 Hours required	120
£ Cost per learner	Student book: £10.15 (includes certification)
📁 Moderation	Internal

Learn more www.asdan.org.uk/universities-award



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Workright

SEND PROVISION | POST-16

Workright has been designed for learners aged 14+ with SEND that are following a work-related or work-based programme of study. It supports learners in developing a range of transferable employability skills.

Tutors can choose between various levels of support to show how the learner has achieved the activities and made progress. Certification is available for full completion (Gold) as well as for completion of one or more modules (Silver).

£ Cost per learner	Student book: £7.25 Gold certification: £5.00 Silver certification: £5.00
📁 Moderation	External, by post or at meetings

Learn more www.asdan.org.uk/workright



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Workskills Online

SECONDARY SCHOOLS | POST-16 | COMMUNITY AND INFORMAL

Workskills Online provides web-based multiple-choice assessments to prepare learners aged 13+ for further learning, training or employment.

The assessments, aimed at Levels 1 and 2, are in literacy; numeracy; health and safety; and food safety and hygiene. Tutors schedule online assessments and learners log in to complete their assessment at any time. Instant results are provided on a certificate that can be downloaded.



£ Cost per learner Assessment credits: £3.00 per credit
(bulk discounts available for registered centres)

Moderation None

Learn more  www.asdan.org.uk/workskills-online



Progression

ASDAN's credit-rating system promotes progression between our programmes and qualifications.

The diagrams opposite show some of the ways ASDAN learners benefit from progression opportunities.

Short Courses to Personal Development Programmes

Up to six of the credits required to complete the Personal Development Programmes can come from Short Courses.



Short Courses to CoPE Levels 1 and 2

Up to six of the 12 credits required to complete the Certificate of Personal Effectiveness (CoPE) at Levels 1 and 2 can come from Short Courses.



Bronze to CoPE

The Bronze Personal Development Programme is worth six ASDAN credits, which can be used towards CoPE at Levels 1 and 2.





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