



My strengths are...

I know these are my strengths because...





These are the things I hope to be able to do better when we have finished the project:

My targets for this project are:

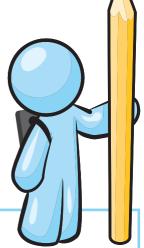
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Developing these areas would mean:





At the end of each session, fill in these boxes to show what you have learnt and how you have developed.



What we have learnt:

How I have developed personally:

What we have learnt:

How I have developed personally:

## What we have learnt:

How I have developed personally:



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How I have developed personally:

What we have learnt:

How I have developed personally:

## What we have learnt:

How I have developed personally:

What we have learnt:

How I have developed personally:

SESSION EIGHT

What we have learnt:

How I have developed personally:

## What we have learnt:

How I have developed personally:



What we have learnt:

How I have developed personally:

My biggest achievement:

# MY PEER MENTOR

My peer mentor is:

My peer mentor helped me by:

This is what they look like



Peer mentor signature:

Date signed off:



### Ask your facilitator to write some comments here:



Facilitator signature:

Date signed off:







### Now I have finished this Lift Off! module I can:



My signature:

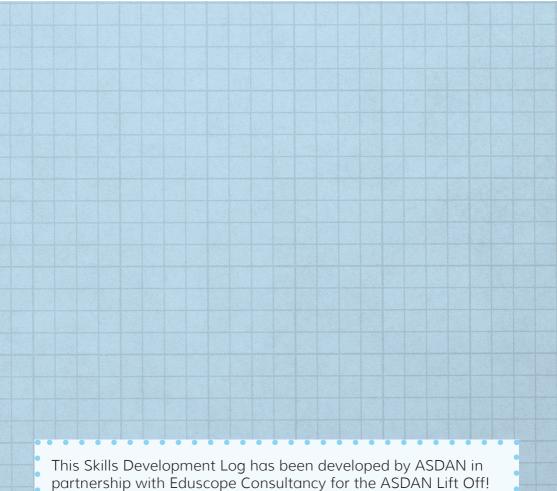
Date signed off:



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