

Personal Progress: Entry 1 units by theme with credit ratings

- To achieve an Award in Personal Progress at Entry 1, a minimum of **8 credits** are required
- To achieve a Certificate in Personal Progress at Entry 1, a minimum of **14 credits** are required
- To achieve a Diploma in Personal Progress at Entry 1, a minimum of **37 credits** are required

Literacy, Numeracy and ICT units	
Developing communication skills (DCS)	3
Developing reading skills (DRS)	3
Developing writing skills (DWS)	3
Providing personal information (PPI)	2
Making requests and asking questions in familiar situations (RAQ)	2
Early mathematics: developing number skills (EMNS)	2
Early mathematics: position (EMP)	2
Early mathematics: sequencing and sorting (EMSO)	3
Early mathematics: shape (EMSH)	2
Early mathematics: measure (EMM)	2
Understanding what money is used for (UMF)	3
Recognising time through regular events (TRE)	3
Developing ICT skills (DIS)	4

Independent Living Skills units	
Developing independent living skills: having your say (HYS)	3
Developing independent living skills: keeping safe (ILKS)	2
Developing independent skills: looking after your home (ILOH)	2
Developing independent living skills: being healthy (ILBH)	2
Developing independent skills: looking after yourself (LAY)	2
Developing independent skills: personal presentation (ILPP)	2
Planning and preparing food for an event (PFE)	3
Preparing drinks and snacks (PDS)	3
Taking part in daily routine activities (DRA)	3

Personal Development units	
Dealing with problems (DPS)	4
Rights and responsibilities: everybody matters (RAR)	3
Developing learning skills: learn to learn (DLS)	5
Getting on with other people (GOP)	4
Developing self-awareness: all about me (DSA)	3
Using interpersonal skills to contribute to positive relationships (ISPR)	2
Engaging in new creative activities (NCA)	3

Community Participation units	
Developing community participation skills: caring for the environment (CPE)	3
Developing community participation skills: participating in sporting activities (CPSA)	3
Using a community facility over a period of time (CPT)	3
Developing community participation skills: getting out and about (CPS)	5
Developing community participation skills: personal enrichment (CPP)	2
Travel within the community: going places (CGP)	3
Using local health services (LHS)	2

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Preparation for Work units	
Developing skills for the workplace: getting things done (GTD)	4
Developing skills for the workplace: following instructions (FIS)	2
Developing skills for the workplace: health and safety (HAS)	2
Developing skills for the workplace: looking and acting the part (LAP)	2
Developing skills for the workplace: looking after and caring for animals (LCA)	2
Developing skills for the workplace: growing and caring for plants (GCP)	2
Participating in a mini enterprise project (MEP)	4

Units particularly accessible for learners with PMLD (working at the earliest stages on the Achievement Continuum, i.e. encounter – supported participation)	
Encountering experiences: being part of things (EES)	3
Engaging with the world around you: technology (EWT)	2
Engaging with the world around you: therapies (EWTH)	2
Engaging with the world around you: people (EWP)	3
Engaging with the world around you: events (EWE)	3
Engaging with the world around you: objects (EWO)	3